

REHAB 300 A – Introduction to Occupational Therapy





1 credit elective

- Winter 2025
- Thursdays, 3-3:50 PM
- SLN 22271
- Distance learning course
- Synchronous lectures on Zoom
- Open to UW Tri-Campus Students

Register for Intro to OT!

Are you interested in a health care career? Do you enjoy being creative and solving problems? Have you thought about working in mental health, with children, or in adult rehabilitation?

Then it's time to explore occupational therapy! This elective course will introduce you to the diverse field of occupational therapy where OTs help individuals of all ages and backgrounds regain independence and participate in daily activities that give their lives value and meaning.

You will understand the roles, responsibilities, and practice settings of occupational therapists. The course provides foundational information, historical perspectives, and an overview of clinical practices from various occupational therapy practice settings. Lectures will include presentations from guest clinicians and assignments will include case studies and interviewing OTs.

Per the US Bureau of Labor Statistics:

Expected rise in demand for OTs over the next 10 years, nationally

\$50.34 Mean Hourly Wage for OTs in the Seattle-Tacoma-Bellevue metro area

Division of Occupational Therapy