

# MOT Application Cycle 2025-26

## Prerequisite Checklist

There are seven required prerequisites for admission to the MOT Program. Use this table to ensure that your coursework meets our requirements. Use the OTCAS Prerequisite section to submit your prerequisites.

	Prerequisite	Your course title	Your grade*	Course description matches UW MOT criteria
Natural sciences	General chemistry			Yes / No
	Human anatomy			Yes / No
	Human physiology			Yes / No
Social sciences	Statistics			Yes / No
	Developmental psychology			Yes / No
	Abnormal psychology			Yes / No
	A course in Sociology, Anthropology or other course in how health practices intersect with society/culture/global relations			Yes / No

\*Only one course may be graded as low as a "B-" (courses must be graded "B" or higher)

Accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), 7501 Wisconsin Avenue, Suite 510E Bethesda, MD 20814, Phone c/o AOTA: (301) 652-AOTA

## Why do we require these prerequisites and what do we expect you to learn?

	Course Criteria	Department Teaching Course	Topics Covered	Why do we require this?	Unacceptable Course Examples
General chemistry	lecture required (lab optional), intended for allied health/ science majors, fulfilled by 1 course	Chemistry	atomic structure, matter and energy, chemical reactions, chemical equilibrium, and chemical bonding	Students need a general understanding of chemistry to be successful in our science-based curriculum.	chemistry prep or for liberal/ fine arts, organic chemistry, biochemistry
Human anatomy & physiology	lectures required (labs optional), intended for allied health/ science majors, fulfilled by completing 2-3 courses (A&P sequence only acceptable when all parts completed)	Biology or related	human skeletal system, muscles, joints, neuroanatomy, circulatory system, digestive system, urinary system, endocrine, cardiovascular, immune, lymphatic, respiratory, digestive, urinary, and reproductive systems	Students need an in-depth background of the workings of the human body for success in our graduate level anatomy coursework.	1 "anatomy & physiology" course
Statistics	lecture required, fulfilled by 1 course	Math or Major's research methodology	probability, sampling, hypothesis testing, and data analysis	Students need a foundation in statistical methodology to understand patient data and outcomes.	algebra or other math courses
Developmental psychology	lecture required, fulfilled by 1 course	Psychology or related	psychological development from infancy to adolescence (or the lifespan) from a biological, physical, and sociocultural perspective	Students need an understanding of psychological development to effectively apply treatments.	introduction to psychology
Abnormal psychology	lecture required, fulfilled by 1 course	Psychology or related	psychopathology, theoretical models, etiology, and treatment	Students need an understanding of abnormalities to assist patients with mental and physical rehabilitation.	introduction to psychology
A course in Sociology, Anthropology, or other course in how health practices intersect with society/culture/global relations	lecture required, fulfilled by 1 course	Sociology, Anthropology, or related	Cultural, sociocultural, socioeconomic, lifestyle and diversity factors, human and group behavior, socialization, sociological theories, social determinants of health and health behavior	Students need to understand the dynamics of group behavior and past and present sociocultural influences to work with diverse populations.	food and beverage, music, film courses